

This establishment has been opened with the help of the following organisations:



MAIDSTONE COMMUNITY  
SUPPORT CENTRE

Set up in 1988, Maidstone Community Support Centre Ltd is a charity whose remit is to provide affordable office and meeting space to charitable Organisations. The centre currently has 26 groups in it's 75 offices and over 100 external community based groups using 7 meeting rooms.

[www.mcsc.org.uk](http://www.mcsc.org.uk)

Table Talk provides support to adults with learning disabilities in accessing structured learning that enhances and maintains daily living skills, centred around cooking, food hygiene and mobility training.

[www.kent.gov.uk](http://www.kent.gov.uk)



Kent Supported Employment

Kent Supported Employment is part of Kent County Council. Its aim is to make sure that people with disabilities have the same opportunities to find and keep jobs as anyone else.

[www.kent.gov.uk/kse](http://www.kent.gov.uk/kse)



Club Connect offers both in-house and community activities and is an employment and vocational service for people with learning difficulties. It adopts a person centred approach, which builds the individual's confidence and promotes independence.

[www.mcch.co.uk](http://www.mcch.co.uk)

# Check Out

## "The Check In"



Managed by Table Talk

**Maidstone Community Support Centre**

**39-48 Marsham Street Maidstone**

**Kent ME14 1HH**

**Call us 01622 690369 or internal extension 112**

**or email [reception@mcsc.org.uk](mailto:reception@mcsc.org.uk)**




### Opening Hours

**Monday to Friday 8.30am - 3.30pm**

### Sandwiches/Rolls with/without Butter on Brown/White Bread

A1	Coronation Chicken	£1.80	
A2	Bacon, Lettuce & Tomato	£1.75	
A3	Cheese & Tomato	£1.50	
A4	Prawn Mayonnaise	£1.80	
A5	Egg Mayonnaise	£1.50	
A6	Tuna Mayonnaise	£1.65	
A7	Bacon in a Roll	£1.50	
A8	Sausage in a Roll	£1.50	

### Jacket Potatoes with/without Butter

B1	Tuna Mayonnaise	£2.50	
B2	Cheese & Baked Beans	£2.50	
B3	Coleslaw	£2.30	
B4	Prawn Mayonnaise	£2.80	
B5	Cheese & Coleslaw	£2.50	
B6	Chilli Con Carne	£2.80	

### Paninis with/without Butter

C1	Cheese & Tomato	£2.50	
C2	Ham & Tomato	£2.50	
C3	Mozzarella & Basil	£2.50	
C4	Stilton & Mushroom	£2.75	
C5	Bacon & Cheese	£2.75	
C6	Cheese & Onion	£2.50	
C7	Bacon & Tomato	£2.75	

### Salads

D1	Coronation Chicken	£3.00
D2	Bacon, Lettuce & Tomato	£2.75
D3	Cheese & Tomato	£2.60
D4	Prawn Mayonnaise	£3.00
D5	Egg Mayonnaise	£2.50
D6	Tuna Mayonnaise	£2.65

### Today's Chef Special

E1 **Check out our board for today's menu & prices**

### Cold Drinks

F1	Orange Juice	80p	F8	Coke	60p
F2	Apple Juice	80p	F9	Diet Coke	60p
F3	Pineapple Juice	80p	F10	Fanta	60p
F4	Banana Milk Shake	80p	F11	Dr Pepper	60p
F5	Chocolate Milk Shake	80p	F12	Sprite	60p
F6	Strawberry Milk Shake	80p	F13	Still Water	50p
F7	Lucozade	£1.00	F14	Sparkling Water	50p

### Hot Drinks

G1	Espresso	£1.20	G4	Tea	50p
G2	Latte	£1.50	G5	Coffee (Decaffeinated available)	50p
G3	Cappuccino	£1.50	G6	Hot Chocolate	£1.50

### Extras

H1	All Crisps	40p	H4	Cakes	Priced individually
H2	All Sweets	50p	H5	Biscuits	25p
H3	All Fruit	30p			